

Course catalogue for in-coming Erasmus+ students

About the university

Holy Cross University is a non-state school of higher education established in 1994. It was recorded in the Non-state Schools Register (serial number 44) of the Ministry of National Education.

Professor Mieczysław Adamczyk is the founder, creator, builder and the present Rector of the university.

Over the years of its research and teaching activities the Holy Cross University has been granted the right to offer academic degrees in seven fields of study. Due to the unequal status of public and non-public schools of higher education in the application of respective laws and declining demographic trends the Holy Cross University has reduced the scope of educational programs. Currently, the university offers first (BA) and second (MA) circle courses in pedagogy and physical education. Additionally, the university offers post graduate certified courses and training courses in a number of academic areas. The high standards of teaching is evidenced by the positive evaluation and assessment from the Polish Accreditation Committee. The university is also proud of the number of its graduates of almost 27,000 students.

The university is in the possession of its own campus buildings of the combined area of about 7.000 square meters. They include a lecture theatre of 300 seats, lecture halls, class and seminar rooms and a number of specialist laboratories. All the educational buildings are adapted to teaching students with disabilities. The library collections comprise over 21 thousand volumes in total. The university has been operating its own publishing house since 1995.

The University signed a large number of bilateral agreements with universities and academic centers in Poland and abroad. Within Erasmus+ exchange programme students can study and do internships in partner European institutions.

The university strives to activate its students and implements the so-called 'third unit of didactics'. The current and former students are encouraged to organize conferences and symposiums to present their educational and scientific interests and progress. These activities are supervised by the university's academic staff.

Our students are actively involved in campus life. This can be seen in the workings of the Student Government Council and several student research clubs. Students are also engaged in activities of a Career Office and voluntary services. The members of the University Sports Association succeeded in various national and international sport competitions. The university prides itself on having educated athletes participating in seven consecutive Olympic Games. For this reason the Holy Cross University is often referred to as a 'school of champions'. Our Olympic athletes are presented in the enclosed photos.

Faculty of Physical Education and Tourism (P-E)

Bachelor and master degree courses (first and second-cycle studies)
field of study: **physical education** (teachers specialization)

Faculty of Humanities and Education (H-E)

field of study: **pedagogy**

Bachelor degree courses (first-cycle studies)

specializations:

- Re-Educational Pedagogy
- Primary School and Pre-School Education

Master degree courses (second-cycle studies)

specializations:

- Primary School and Pre-School Education
- Re-education and Social Prevention
- Tutelary-Educational Pedagogy

Authorities

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The university offers part-time degree programs. Courses take place at weekends from Friday to Sunday at fixed dates (LINK). Students choose their courses from the course catalogue and collect 30 ECTS points. The course catalogue lists courses in reference to the degree cycle, year of study and semester. An incoming student chooses courses that are relevant to their cycle of study at the home institution. If necessary, the student consults the Erasmus Coordinator at the Holy Cross University and selects courses from a different degree cycle.

Bachelor degree courses (first-cycle studies)

No	Course name	Faculty	Form of classes	Form of passing	ECTS	Semester	
						winter	summer
1.	English Language	H-E, P-E	language lab	pass with a grade	2	1 ECTS	1 ECTS
2.	Introduction to psychology	H-E	lecture, tutorial	exam	5	2 ECTS	3 ECTS
3.	Life-long learning education	H-E	lecture	pass with a grade	1		1 ECTS
4.	Social pedagogy	H-E	lecture, tutorial	pass with a grade	3	3 ECTS	
5.	Play and free time of a child	H-E	workshop	pass with a grade	1	1 ECTS	
6.	Voice emission	H-E, P-E	lecture, tutorial	pass with a grade	1		1 ECTS
7.	Teaching gifted and talented students	H-E	lecture, tutorial	pass with a grade	1		1 ECTS
8.	Methodology of art and design	H-E	lecture, workshop	pass with a grade	4	4 ECTS	
9.	Methodology of music	H-E	lecture, workshop	pass with a grade	4		4 ECTS
10.	Psychology of social exclusion	H-E	lecture, tutorial	exam	5	5 ECTS	
11.	Forensic and penitentiary psychology	H-E	lecture, tutorial	exam	5		5 ECTS
12.	General psychology	P-E	lecture, tutorial	exam	4	2 ECTS	2 ECTS

No	Course name	Faculty	Form of classes	Form of passing	ECTS	Semester	
						winter	summer
13.	Childcare education	P-E	lecture, tutorial	pass with a grade	3		3 ECTS
14.	Developmental and social psychology	P-E	lecture, tutorial	pass with a grade	3	1 ECTS	2 ECTS
15.	Theory and methodology of gymnastics	P-E	lecture, tutorial	pass with a grade	2	1 ECTS	1 ECTS
16.	Theory and methodology of athletics	P-E	tutorial	pass with a grade	2	1 ECTS	1 ECTS
17.	Theory and methodology of swimming and life-saving	P-E	lecture, tutorial	pass with a grade	2	1 ECTS	1 ECTS
18.	Theory and methodology of basketball	P-E	lecture, tutorial	pass with a grade	3	2 ECTS	1 ECTS
19.	Theory and methodology of volleyball	P-E	lecture, tutorial	pass with a grade	3	2 ECTS	1 ECTS
20.	Theory and methodology of handball	P-E	lecture, tutorial	pass with a grade	3	2 ECTS	1 ECTS
21.	Theory and methodology of swimming and life-saving	P-E	lecture, tutorial	pass with a grade	3	2 ECTS	1 ECTS
22.	Rhythm and dance class	P-E	lecture, workshop	pass with a grade	2		2 ECTS
23.	Play and game in early education	P-E	lecture, workshop	pass with a grade	2	1 ECTS	1 ECTS
24.	Field games	P-E	lecture, tutorial	pass with a grade	3		3 ECTS
25.	Table tennis	P-E	lecture, tutorial	pass with a grade	3		3 ECTS
26.	Sport and recreation of the handicapped	P-E	lecture, tutorial	pass with a grade	3	1 ECTS	2 ECTS
27.	Stress control styles and strategies	P-E	lecture, tutorial	pass with a grade	3	3 ECTS	

Master degree courses (second-cycle studies)

No	Course name	Faculty	Form of classes	Form of passing	ECTS	Semester	
						winter	summer
1.	Winter sports – a camp	P-E	tutorial	pass with a grade	2	2 ECTS	
2.	Special physical education	P-E	lecture, tutorial	pass with a grade	2	2 ECTS	
3.	Psychology of physical activity	P-E	lecture, tutorial	pass with a grade	2	1 ECTS	1 ECTS
4.	Sport physiology	P-E	lecture, tutorial	exam	2	2 ECTS	
5.	Youth psychology in adolescence and early maturity	P-E	lecture, tutorial	pass with a grade	2	1 ECTS	1 ECTS
6.	Theory and methodology of swimming and life-saving	P-E	tutorial	pass with a grade	2	1 ECTS	1 ECTS
7.	Theory and methodology of volleyball	P-E	tutorial	pass with a grade	2	1 ECTS	1 ECTS
8.	Theory and methodology of football	P-E	tutorial	pass with a grade	2	1 ECTS	1 ECTS
9.	Social communication	P-E	lecture, tutorial	pass with a grade	3		3 ECTS
10.	Nordic walking	P-E	lecture, tutorial	pass with a grade	3		3 ECTS
11.	Olympics education	P-E	lecture, tutorial	pass with a grade	3	2 ECTS	1 ECTS
12.	Modelling of child's physical activity	P-E	lecture, tutorial	pass with a grade	3	2 ECTS	1 ECTS
13.	Safety education and first-aid	P-E	lecture, tutorial	pass with a grade	1	1 ECTS	
14.	Physical education of the handicapped	P-E	lecture, tutorial	pass with a grade	3		3 ECTS

No	Course name	Faculty	Form of classes	Form of passing	ECTS	Semester	
						winter	summer
15.	English language	H-P, P-E	language lab	pass with a grade	2	1 ECTS	1 ECTS
16.	Current problems in sociology	H-E	lecture, tutorial	pass with a grade	4	2 ECTS	2 ECTS
17.	Current problems in psychology	H-E	lecture, tutorial	pass with a grade	4		4 ECTS
18.	Andragogy	H-E	lecture, tutorial	exam	4	2 ECTS	2 ECTS
19.	Life-long learning education	H-E, P-E	lecture, tutorial	pass with a grade	1		1 ECTS
20.	Teaching students with Special Educational Needs	H-E	workshop	pass with a grade	1	1 ECTS	
21.	New concepts in art and design methodology	H-E	lecture, tutorial	pass with a grade	3	3 ECTS	
22.	New concepts in music and drama methodology	H-E	lecture, tutorial	pass with a grade	2		2 ECTS
23.	Training of educational skills	H-E	lecture, tutorial	pass with a grade	1	1 ECTS	
24.	Psychology of crime and deviated behaviours	H-E	lecture, tutorial	exam	3		3 ECTS
25.	Drama in childcare education	H-E	workshop	exam	1		1 ECTS
26.	Contrastive pedagogy	H-E	lecture, tutorial	exam	4	2 ECTS	2 ECTS
27.	Methodology of the organization of free time	H-E	lecture, tutorial	exam	5	3 ECTS	2 ECTS
28.	Health and pro-health education	H-E	lecture, tutorial	pass with a grade	2	2 ECTS	