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Cultural heritage of Nida River Basin is the foundation for tourist industry
in Solec Zdrój Resort

Abstract

Solec Zdrój is a holiday resort, which functions as a community seat, which is located within the southeastern limits of the Świętokrzyski Region I the Busko Zdrój County. The village itself is 73 kilometers from Kielce and 90 kilometers from Kraków and six kilometers from the Wisła River.

This terrain, in the geophysical respect, is classified as a part of a macro region named Nida River Basin and mesoregion Solec Basin, which stretches over 200 square kilometers on the eastern part of Nida River Basin, between the Wodzisław's bulge on the west side and Pińczów's bulge on the east side. In the geologic structure, gypsum rock has the first rate significance in this region. Sulfur springs are the result of this rock's presence in the area, which are responsible for development of health spas in Busko and Solec.

Solec has been mentioned in chronicles since 1326. The first wooden bath houses for resort patients were built in 1828.